

13 Reasons Why - A Parent Must Read Article

Schools across the country are issuing warning letters about a television series released through Netflix in March. *13 Reasons Why* is based on a young adult fiction novel that follows a teenager, Clay Jensen, as he tries to uncover what led to his friend, Hanna's, decision to end her life.

He listens to 13 audio cassettes left behind by her. On each of those tapes, Hanna addresses a person, she says, played a role in her committing suicide. The series is rated MA for mature audiences 16+.

Commonsense media calls it a dark and disturbing book adaptation and specifically says, "While this challenging story could help parents start conversations with teens about issues like bullying, isolation, and depression, the way the series addresses these issues is complex and may be confusing for impressionable viewers."

It's important, as a parent, to know if your teenager is watching this program. If your child is watching the program, start having conversations with them to help process the information they are seeing and hearing.

Below is a list of resources and information for parents.

[Here's what parents need to discuss with their teens or young adults watching the show](#)

[Why Teen Mental Health Experts are Focused on 13 Reasons Why](#)
[Read about the differences between the book and the series](#)
[Commonsense Media Review and Guidance for Parents](#)
[Phoenix Children's Hospital information about suicide](#)



Teen Lifeline in Arizona provides peer to peer phone support for youth struggling with anxiety, depression, bullying, substance abuse and other issues. Teens can call 800-248-8336 (TEEN) to talk to a teen counselor.

The suicide crisis line in Apache County is (877) 756-4090

Get Ready for the Kickoff to Summer!

Youth in Apache County are invited to attend the Kickoff to Summer party On May 20th 7pm to 11pm at Lyman Lake.

What's happening at the Summer Kickoff event? Glad you asked. There's a lot going on. There's everything from getting crazy with chalk, to dancing to a D.J. to games and eating some delicious BBQ.



The event is free. Parents can drop off kids and groups are encouraged to carpool so there's plenty of parking for everyone.

The Round Valley Boys and Girls Club will also be taking a bus to the Summer Kickoff event. Contact the Round Valley Boys and Girls Club to learn more about that.

FASHION ALERT:

If your child is going to the party, they should wear something they don't mind getting colorful.

Also as the sun goes down, so does the temperature, it's a good idea to bring a jacket to the party.

Grad Night Parties Right Around the Corner

With graduation comes the celebration! One of the best, safest ways for our grads to celebrate the night is with their classmates at the alcohol and drug free grad night party.

There are two parties. One in Round Valley and one in St. Johns.

May 24

All Night Graduation Party Round Valley, the Dome- All high school students invited 10 pm - 1 am



What's happening?

Inflatable games like a zip line will be set up throughout the dome. There will be volleyball, ultimate frisbee, soccer, a money machine (Ka-Ching) and a D.J.

Great food also like the ultimate nacho bar, sodas and chocolate. (Yum)

Prizes will be awarded to the graduating seniors from 1am to 2am.

May 26th - All Night Graduation Party, St. Johns, BUB, senior class only, 10:30 pm to 4:30 am

What's happening?

Bounce houses

Lots of games - indoor soccer, volleyball, bowling, ping pong

D.J and dancing

Sing off Lip Sync contest

Tons of prizes!!

Great food and breakfast by the boosters!

SO MUCH FUN!!!

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